

# Angie Bloom

## Blueberry Almond Muffins

### Ingredients

- 2 Cups Almond Flour
- 3 Eggs
- Stevia to taste I like about 1 teaspoon or you can do 3T of clover honey
- 1.5 Tsp Baking Soda
- Dash of Salt
- 1 Tsp Pure Almond Extract (you could also use vanilla I love the almond flavor)
- 2 Tbsp Coconut Oil
- 1 Cup Blueberries
- 1/2 Cup Zucchini

Bake at 350 degrees for 20 minutes

Makes 12 Muffins

### Nutrition Information:

Calories 140, Protein 5.75g, Carbohydrates 15.75g, Fat 6.25g, Fiber 2.75g, Sugar 1.6g

